

# May 2021

## Manzanita Elementary School

### LUNCH



**ALL KIDS EAT FOR FREE**  
**\*\*Menu Subject to change**



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

### Monday

Chicken Nugget & Roll  
Fruit, Veggie, Milk

3

### Tuesday

PB&J  
Jungle Crackers  
Cheese Stick  
Fruit, Veggie, Milk

4

### Wednesday

Quesadilla  
Refried Beans  
Fruit, Veggie, Milk

5

### Thursday

Hamburger  
Baked Chips  
Fruit, Veggie, Milk

6

### Friday

Pizza  
Fruit, Veggie, Milk

7

Chicken Sandwich  
Nachos  
Fruit, Veggie, Milk

10

Grilled Cheese  
Tater Tots  
Fruit, Veggie, Milk

11

Beef Raviolis  
Bread Stick  
Fruit, Veggie, Milk

12

Hot Dog w/ Chili  
Fruit, Veggie, Milk

13

Pizza  
Fruit, Veggie, Milk

14

Chicken Nugget & Roll  
Fruit, Veggie, Milk

17

PB&J  
Jungle Crackers  
Cheese Stick  
Fruit, Veggie, Milk

18

Quesadilla  
Refried Beans  
Fruit, Veggie, Milk

19

Sandwich Day  
Goldfish Cracker  
Fruit, Veggie, Milk

20

Pizza  
Fruit, Veggie, Milk

21

Chicken Corndog  
Nachos  
Fruit, Veggie, Milk

24

Grilled Cheese  
Tater Tots  
Fruit, Veggie, Milk

25

Bean/Cheese Burrito  
Rice  
Fruit, Veggie, Milk

26

Sloppy Joe's  
Chips  
Fruit, Veggie, Milk

27

Pizza  
Fruit, Veggie, Milk

28

NO SCHOOL

31

Memorial Day

