

May 2021

Manzanita Elementary School District

BREAKFAST



ALL KIDS EAT FOR FREE
****Menu Subject to change**



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



Monday

French Toast Sticks **3**
Fruit, Milk, Juice

Tuesday

Mini Pancakes **4**
Fruit, Milk, Juice

Wednesday

Biscuits & Gravy **5**
Fruit, Milk, Juice

Thursday

Mustang Pizza **6**
Fruit, Milk, Juice

Friday

Variety of Cereal **7**
Fruit, Milk, Juice

Sausage Breakfast Pizza **10**
Fruit, Milk Juice

Breakfast Burrito **11**
Fruit, Milk, Juice

Pancake Sausage on Stick **12**
Fruit, Milk, Juice

Bacon Egg & **13**
Cheese Biscuit
Fruit, Milk, Juice

Variety of Cereal **14**
Fruit, Milk, Juice

French Toast Sticks **17**
Fruit, Milk, Juice

Mini Waffles **18**
Fruit, Milk, Juice

Breakfast Burrito **19**
Fruit, Milk, Juice

Mustang Pizza **20**
Fruit, Milk Juice

Variety of Cereal **21**
Fruit, Milk, Juice

Sausage Breakfast Pizza **24**
Fruit, Milk Juice

Breakfast Burrito **25**
Fruit, Milk, Juice

Sausage Breakfast Pizza **26**
Fruit, Milk, Juice

Bacon Egg & **27**
Cheese Biscuit
Fruit, Milk, Juice

Variety of Cereal **28**
Fruit, Milk, Juice

NO SCHOOL **31**
Memorial Day

