



**ALL KIDS EAT FOR FREE**  
\*\*Menu Subject to change



**Fitness Tip:** Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

### Monday

Chicken Nuggets, Roll, **1**  
Fruit, Veggie, Milk

### Tuesday

Corn Dog, Fries, Fruit **2**  
Veggie, Milk

### Wednesday

PB&J, Fruit Veggie, **3**  
Jungle Cracker, Milk

### Thursday

Chicken/Cheese **4**  
Quesadilla, Fruit, Veggie,  
Chips, Milk

### Friday

Pizza Sticks, Fruit, Veggie, **5**  
Chips, Milk

Chicken Sandwich, Chips, **8**  
Cheese Sauce, Fruit,  
Veggie, Milk

Hot Dog, Chili, Fruit, **9**  
Veggie, Milk

Grilled Cheese, Fries, **10**  
Fruit, Veggie, Milk

Hamburger, Chips, Fruit, **11**  
Veggie, Milk

French Bread Pizza, **12**  
Fruit, Veggie, Chips, Milk

NO SCHOOL **15**

Corn Dog, Fries, Fruit, **16**  
Veggie, Milk

PB&J, Fruit, Veggie, **17**  
Jungle Crackers, Milk

Chicken Cheese **18**  
Quesadilla, Fruit, Veggie, Milk

Pizza Sticks, Fruit, **19**  
Veggie, Chips, Milk

Chicken Sandwich, Chips, **22**  
Cheese Sauce, Fruit, Veggie,  
Milk

Hot Dog, Chili, Fruit, **23**  
Veggie, Milk

Grilled Cheese, Fries, Fruit, **24**  
Veggie, Milk

Hamburger, Chips, Fruit, **25**  
Veggie, Milk

French Bread Pizza, **26**  
Fruit, Veggie, Chips, Milk

