

# February 2021

## Manzanita Elementary School District

### BREAKFAST



**ALL KIDS EAT FOR FREE**  
**\*\*Menu Subject to change**



**Nutrition Tip:** Ready-to-eat cereal consumption encourages milk consumption. Among children 6-12 years old who eat ready-to-eat cereal, 53% of all daily milk consumption is with cereal.



### Monday

French Toast Sticks  
Fruit, Milk, Juice

1

### Tuesday

Mini Waffles  
Fruit, Milk, Juice

2

### Wednesday

Breakfast Burrito  
Fruit, Milk, Juice

3

### Thursday

Pancake Sausage on Stick  
Fruit, Milk, Juice

4

### Friday

Variety of Cereal  
Fruit, Milk, Juice

5

Sausage w/ Pancakes  
Fruit, Milk, Juice

8

Mustang Pizza  
Fruit, Milk, Juice

9

Sausage Breakfast Pizza  
Fruit, Milk, Juice

10

Biscuits & Gravy  
Fruit, Milk, Juice

11

Variety of Cereal  
Fruit, Milk, Juice

12

NO SCHOOL

15

Mini Pancakes  
Fruit, Milk, Juice

16

Breakfast Burrito  
Fruit, Milk, Juice

17

Pancake Sausage on Stick  
Fruit, Milk, Juice

18

Variety of Cereal  
Fruit, Milk, Juice

19

Sausage w/ Pancakes  
Fruit, Milk, Juice

22

Mustang Pizza  
Fruit, Milk, Juice

23

Sausage Breakfast Pizza  
Fruit, Milk, Juice

24

Biscuits & Gravy  
Fruit, Milk, Juice

25

Variety of Cereal  
Fruit, Milk, Juice

26

