

# March 2020

## Manzanita Elementary School

### LUNCH



Get in touch with us to learn more about free and reduced price meals.

530-846-5594 Ask for Brittany

**Lunch Price \$ 2.90**

\*\*Menu Subject to change



**Nutrition Tip:** March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

### Monday

Chicken Nuggets & Roll **2**  
Hot Veggie  
Fruit and Garden Salad Bar

### Tuesday

Mandarin Orange **3**  
Chicken W/ Brown Rice  
Pineapple  
Fruit and Garden Salad Bar

### Wednesday

Beef Taco Bar **4**  
Refried Beans/Chips  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar

### Thursday

Beef Ravioli **5**  
Bread Stick  
Fruit and Garden Salad Bar

### Friday

Flat Bread Pizza **6**  
Hot Veggie  
Fruit and Garden Salad Bar

Chicken Nuggets & Roll **9**  
Hot Veggie  
Fruit and Garden Salad Bar

PB&J **10**  
Jungle Crackers  
Cheese Stick  
Fruit and Garden Salad Bar

Chicken & Cheese Quesadilla **11**  
Fruit and Garden Salad Bar

Sloppy Joe w/ Baked Chips **12**  
Fruit and Garden Salad Bar

Pizza Sticks **13**  
Fruit and Garden Salad Bar

Chicken Sandwich **16**  
Nachos  
Fruit and Garden Salad Bar

Mac & Cheese **17**  
Bread Stick  
Steamed Broccoli  
Fruit and Garden Salad Bar

Brunch for Lunch **18**  
Pancakes & Sausage  
Tator Tots  
Fruit and Salad Bar

Hot Dog w/ Chili Beans **19**  
Fruit and Garden Salad Bar

W/G Pasta & Meat Sauce **20**  
Breadstick  
Fruit and Garden Salad Bar

**NO SCHOOL** **23**

Sandwich Day **24**  
Goldfish Cracker  
Fruit and Garden Salad Bar

Bean & Cheese Burrito W/ Rice **25**  
Fruit and Garden Salad Bar

Hamburger/Veggie Burger **26**  
Baked Chips  
Fruit and Garden Salad Bar

French Bread Pizza **27**  
Fruit and Garden Salad Bar

Chicken Corndog w/ Baked Beans **30**  
Fruit and Garden Salad Bar

PB&J **31**  
Jungle Crackers  
Cheese Stick  
Fruit and Garden Salad Bar

