

March 2019

Manzanita Elementary School

LUNCH



Get in touch with us to learn more about free and reduced price meals.
530-846-5594 Ask for Brittany
Lunch Price \$ 2.90
**Menu Subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Chicken Corndog
Baked Beans
Hot Veggie
Fruit and Garden Salad Bar **4**

PB&J
Jungle Crackers
Cheese Stick
Fruit and Garden Salad Bar **5**

Brunch For Lunch
Pancakes & Sausage
Tator Tots
Fruit and Garden Salad Bar **6**

Grilled Cheese w/
Fries
Fruit and Garden Salad Bar **7**

French Bread Pizza **1**
Hot Veggie
Fruit and Garden Salad Bar

Oven Fried Chicken **11**
Mashed Potatoes w/ Gravy
Hot Veggie
Fruit and Garden Salad Bar

Mandarin Orange **12**
Chicken W/ Brown Rice
Pineapple
Fruit and Garden Salad Bar

Taco Bar **13**
Refried Beans/Chips
Fruit and Garden Salad Bar

Beef Ravioli **14**
Bread Stick
Fruit and Garden Salad Bar

Whole Grain Pasta & Meat Sauce **8**
Breadstick
Fruit and Garden Salad Bar

Flat Bread Pizza **15**
Hot Veggie
Fruit and Garden Salad Bar

Chicken Nuggets & Roll **18**
Hot Veggie
Fruit and Garden Salad Bar

PB&J **19**
Jungle Crackers
Cheese Stick
Fruit and Garden Salad Bar

Chicken/Cheese Quesadilla **20**
Refried Beans
Fruit and Garden Salad Bar

Sloppy Joe **21**
Baked Chips
Fruit and Garden Salad Bar

Pizza Sticks **22**
Hot Veggie
Fruit and Garden Salad Bar

Grilled Chicken Burger **25**
Nachos & Fixins
Fruit and Garden Salad Bar

Mac & Cheese **26**
Bread Stick
Hot Veggie
Fruit and Garden Salad Bar

Brunch For Lunch **27**
Pancakes & Sausage
Tator Tots
Fruit and Garden Salad Bar

Hot Dog (Turkey) **28**
Chili Beans
Fruit and Garden Salad Bar

Whole Grain Pasta & Meat Sauce **29**
Breadstick
Fruit and Garden Salad Bar