

February 2019

Manzanita Elementary School

BREAKFAST



Get in touch with us to learn more about free and reduced price meals.
530-846-5594 Ask for Brittany
Breakfast Price \$ 1.90
**Menu Subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Yogurt Parfait
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

4

French Toast Stick
2 Fresh Fruit Choices
Milk
Juice

5

Cheesy Scrambled Eggs
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

6

Mini Waffles
2 Fresh Fruit Choices
Milk
Juice

7

Variety of Cereal
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

8

Sausage Breakfast Pizza
2 Fresh Fruit Choices
Milk
Juice

11

Yogurt
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

12

Breakfast Burrito
2 Fresh Fruit Choices
Milk
Juice

13

Mini Pancakes
2 Fresh Fruit Choices
Milk
Juice

14

NO SCHOOL

15

NO SCHOOL

18

Biscuits & Gravy
2 Fresh Fruit Choices
Milk
Juice

19

Bacon Egg & Cheese
Biscuit
2 Fresh Fruit Choices
Milk
Juice

20

Pancake Sausage
on a stick
2 Fresh Fruit Choices
Milk
Juice

21

Variety of Cereal
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

22

Yogurt Parfait
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

25

French Toast Stick
2 Fresh Fruit Choices
Milk
Juice

26

Mustang Breakfast Pizza
2 Fresh Fruit Choices
Milk
Juice

27

Mini Waffles
2 Fresh Fruit Choices
Milk
Juice

