



Get in touch with us to learn more about free and reduced price meals.  
530-846-5594 Ask for Brittany  
Lunch Price \$ 2.90  
\*\*Menu Subject to change



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

Chicken Nuggets & Roll **1**  
Hot Veggie  
Fresh Fruit Salad  
Fruit and Garden Salad Bar

### Tuesday

PB-n-J **2**  
Cheese Stick  
Jungle Crackers  
Coleslaw  
Fruit and Garden Salad Bar

### Wednesday

Chicken/Cheese **3**  
Quesadilla  
Refried Beans  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar

### Thursday

Sloppy Joe **4**  
Baked Chips  
Macaroni Salad  
Fruit and Garden Salad Bar

### Friday

Pizza Sticks **5**  
Caesar Salad  
Fruit and Garden Salad Bar

Breaded Chicken Burger **8**  
Nachos & Fixins  
Fresh Fruit Salad  
Fruit and Garden Salad Bar

Mac & Cheese **9**  
Bread Stick  
Steamed Broccoli  
Coleslaw  
Fruit and Garden Salad Bar

Pulled Pork BBQ **10**  
Sandwiches  
Tator Tots  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar

Hot Dog (Turkey) **11**  
Chili Beans  
Macaroni Salad  
Fruit and Garden Salad Bar

Whole Grain Pasta & **12**  
Meat Sauce  
Breadstick  
Caesar Salad  
Fruit and Garden Salad Bar

Chicken Nuggets & Roll **15**  
Hot Veggie  
Fresh Fruit Salad  
Fruit and Garden Salad Bar

Sandwich Day **16**  
Goldfish Crackers  
Coleslaw  
Fruit and Garden Salad Bar

Bean-N-Cheese Burrito **17**  
w/ Rice  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar

Hamburger/Veggie **18**  
Burger  
Baked Chips  
Macaroni Salad  
Fruit and Garden Salad Bar

French Bread Pizza **19**  
Caesar Salad  
Fruit and Garden Salad Bar

Chicken Corndog w/ **22**  
Beans  
Hot Veggie  
Fresh Fruit Salad  
Fruit and Garden Salad Bar

PB-n-J **23**  
Cheese Stick  
Jungle Crackers  
Coleslaw  
Fruit and Garden Salad Bar

Brunch For Lunch **24**  
Pancakes & Sausage  
Tator Tots  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar

Grilled Cheese **25**  
w/ Fries  
Macaroni Salad  
Fruit and Garden Salad Bar

Whole Grain Pasta & **26**  
Meat Sauce  
Breadstick  
Caesar Salad  
Fruit and Garden Salad Bar

Baked Chicken **29**  
Potatoes w/ Gravy  
Breadstick  
Fresh Fruit Salad  
Fruit and Garden Salad Bar

Mandarin Orange **30**  
Chicken W/ Brown Rice  
Pineapple  
Coleslaw  
Fruit and Garden Salad Bar

Beef Taco Bar  
Refried Beans/Chips  
Cottage Cheese & Fruit  
Fruit and Garden Salad Bar **31**

