

December 2018

Manzanita Elementary School



Get in touch with us to learn more about free and reduced price meals.
530-846-5594 Ask for Brittany
Breakfast Price \$ 2.90
**Menu Subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Corn Dog
Baked Beans
Fresh Fruit Salad
Fruit and Garden Salad Bar **3**

PB&J
Cheese Stick
Coleslaw
Fruit and Garden Salad Bar **4**

Pulled Pork Sandwiches
Tater Tots
Cottage Cheese & Fruit
Fruit and Garden Salad Bar **5**

Grilled Cheese Sandwich
Seasoned Oven Fries
Macaroni Salad
Fruit and Garden Salad Bar **6**

Whole Grain Pasta & Meat Sauce
Hot Veggie Breadstick
Caesar Salad
Fruit and Garden Salad Bar **7**

Fish Treasures
Bread Stick
Mashed Potatoes & Gravy
Fresh Fruit Salad
Fruit and Garden Salad Bar **10**

Mandarin Orange
Chicken W/ Brown Rice
Pineapple
Coleslaw
Fruit and Garden Salad Bar **11**

Chicken Taco
Refried Beans/Chips
Cottage Cheese & Fruit
Fruit and Garden Salad Bar **12**

Beef Ravioli
Bread Stick
Macaroni Salad
Fruit and Garden Salad Bar **13**

Flat Bread Pizza
Hot Veggie
Caesar Salad
Fruit and Garden Salad Bar **14**

Chicken Nuggets & Roll
Hot Veggie
Fresh Fruit Salad
Fruit and Garden Salad Bar **17**

Sandwich Day
Goldfish Crackers
Coleslaw
Fruit and Garden Salad Bar **18**

Bean & Cheese Burrito
Rice
Cottage Cheese & Fruit
Fruit and Garden Salad Bar **19**

Hamburger/Veggie Burger
Beans
Baked Chips
Macaroni Salad
Fruit and Garden Salad Bar **20**

French Bread Pizza
Hot Veggie
Caesar Salad
Fruit and Garden Salad Bar **21**

NO SCHOOL **24**

NO SCHOOL **25**

NO SCHOOL **26**

NO SCHOOL **27**

NO SCHOOL **28**

NO SCHOOL **31**

