

December 2018

Manzanita Elementary School

BREAKFAST



Get in touch with us to learn more about free and reduced price meals.

530-846-5594 Ask for Brittany

Breakfast Price \$ 1.90

**Menu Subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Yogurt
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

3

Tuesday

French Toast Sticks
2 Fresh Fruit Choices
Milk
Juice

4

Wednesday

Mustang Pizza
2 Fresh Fruit Choices
Milk
Juice

5

Thursday

Mini Waffles w/ syrup
2 Fresh Fruit Choices
Milk
Juice

6

Friday

Variety of Cereal
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

7

Breakfast Burrito
2 Fresh Fruit Choices
Milk
Juice

10

Yogurt
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

11

Bacon-Egg Sandwich
2 Fresh Fruit Choices
Milk
Juice

12

Mini Pancakes w/ syrup
2 Fresh Fruit Choices
Milk
Juice

13

Variety of Cereal
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

14

Yogurt Parfait
Mini Muffin
2 Fresh Fruit Choices
Milk
Juice

17

French Toast Sticks
2 Fresh Fruit Choices
Milk
Juice

18

Cheesy Scrambled Eggs
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

19

Mini Waffles w/ syrup
2 Fresh Fruit Choices
Milk
Juice

20

Variety of Cereal
Toast & Jelly
2 Fresh Fruit Choices
Milk
Juice

21

NO SCHOOL

24

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

31

